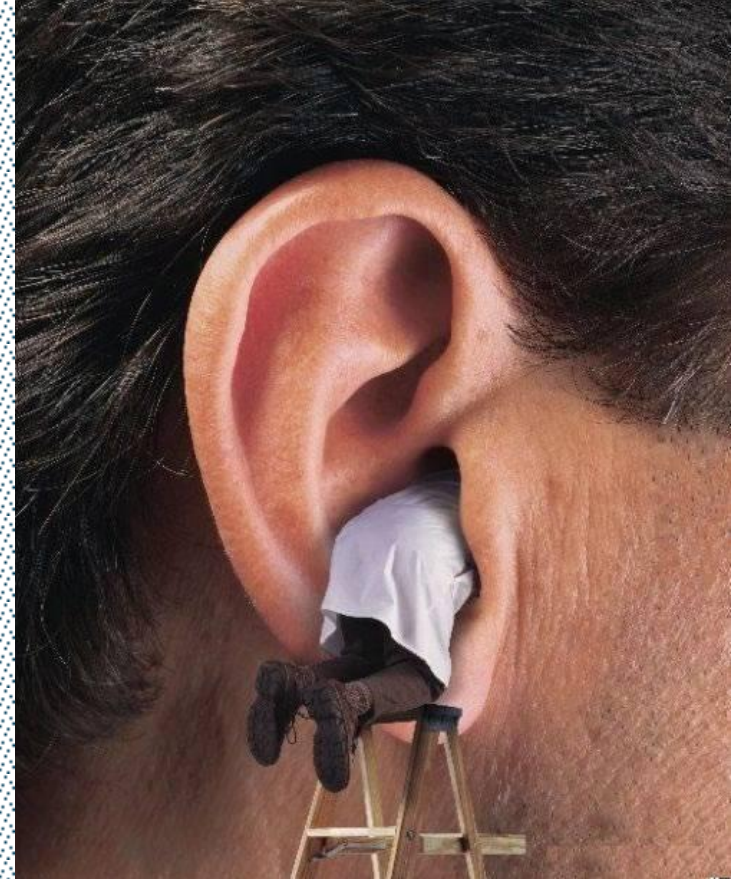


LAA Closure Devices:

Protecting Against Stroke in Non-valvular Atrial Fibrillation

Alexander Feldman MD



AF confers an increased thromboembolic risk, notably in the brain

- AF confers a **near 5-fold risk** of stroke¹ and a 2-fold risk of death.
- Strokes associated with AF tends to reoccur and are frequently disabling.
- It is estimated that 20% of all strokes are caused by AF²
- AF is often asymptomatic³
- The absence of symptoms (e.g. palpitations) does not imply a lower risk of thromboembolism³
- **Oral Anticoagulants (OAC) therapy reduced stroke risk by 3-5 fold.**

1. Wolf et al. *Stroke* 1991;22:983-8.

2. Friedman et al. *Circulation* 1968;38:533-541.

3. Flaker et al. *Am Heart J* 2005;149:657-63.

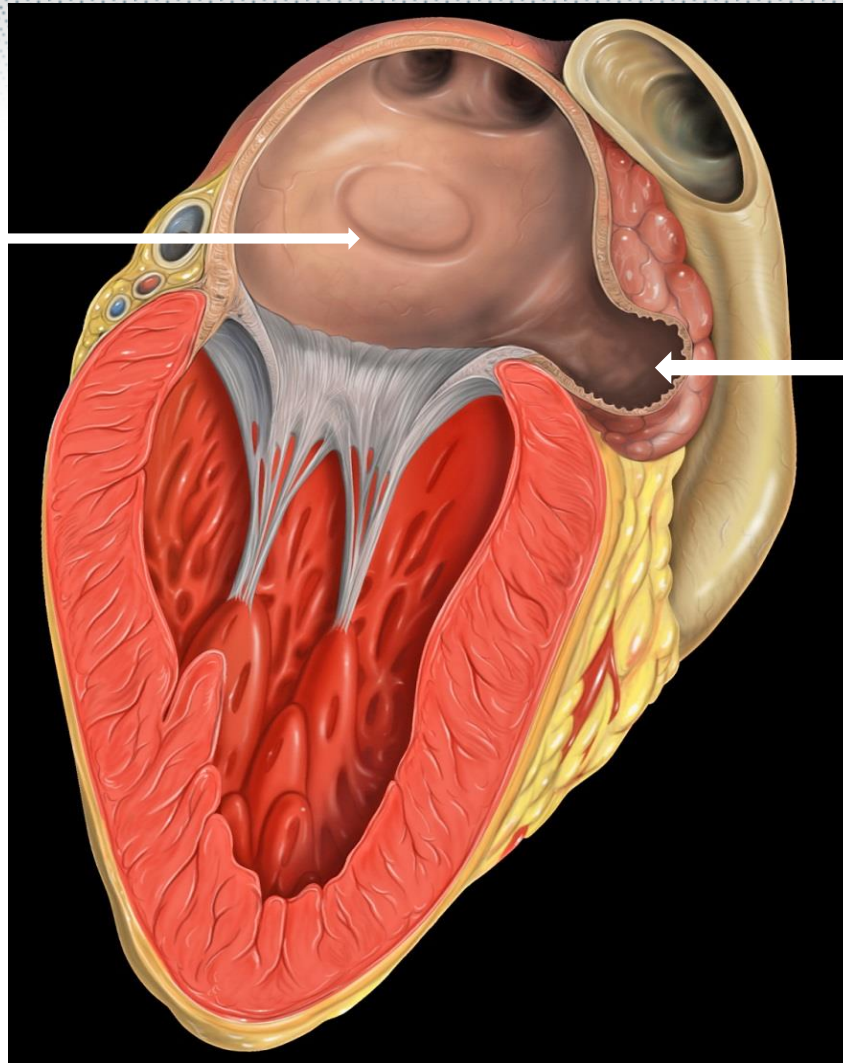


Prevention of Stroke and Bleeding in Non-valvular Atrial Fibrillation

- Anticoagulation is indicated for all AF patients who are older than 65 or with a risk factor.
- In patients with a higher risk of stroke, the risk of bleeding tend to be higher as well.
- Single antiplatelet therapy doubles bleeding risk with OAC, Dual antiplatelet therapy quadruple bleeding risk.
- Prevention of stroke following major bleeding is challenging.

Left Atrial Appendage

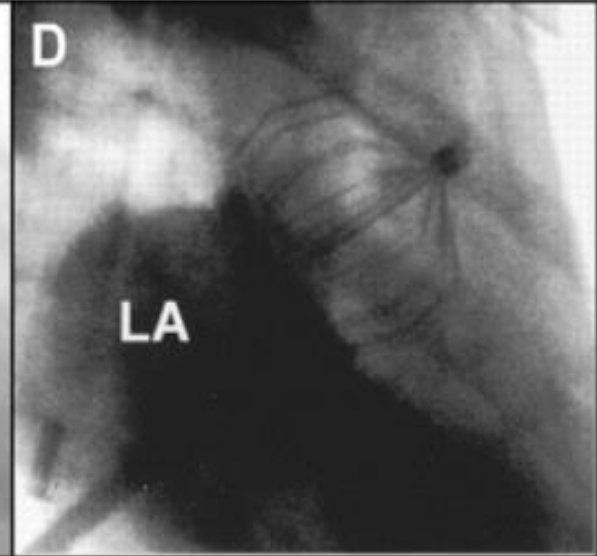
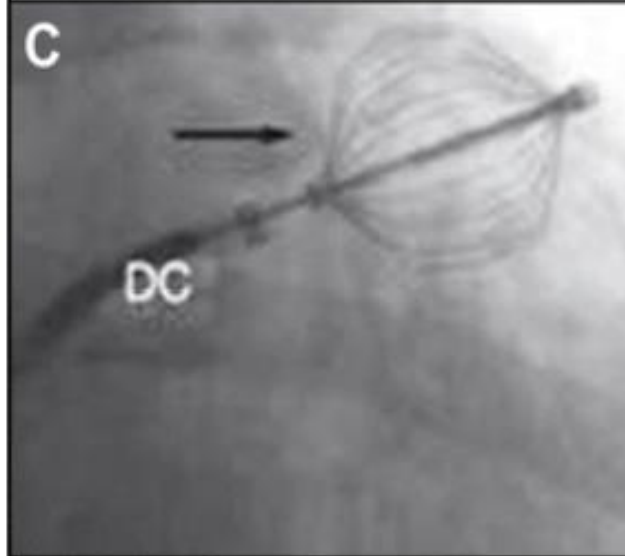
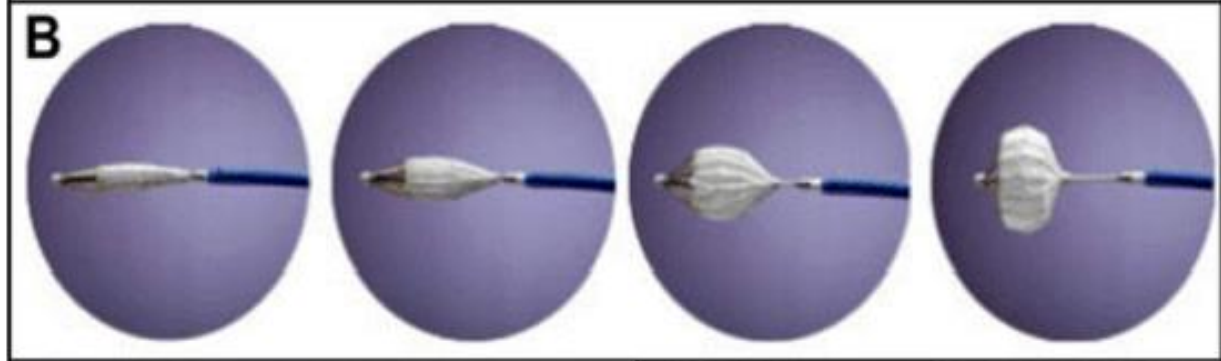
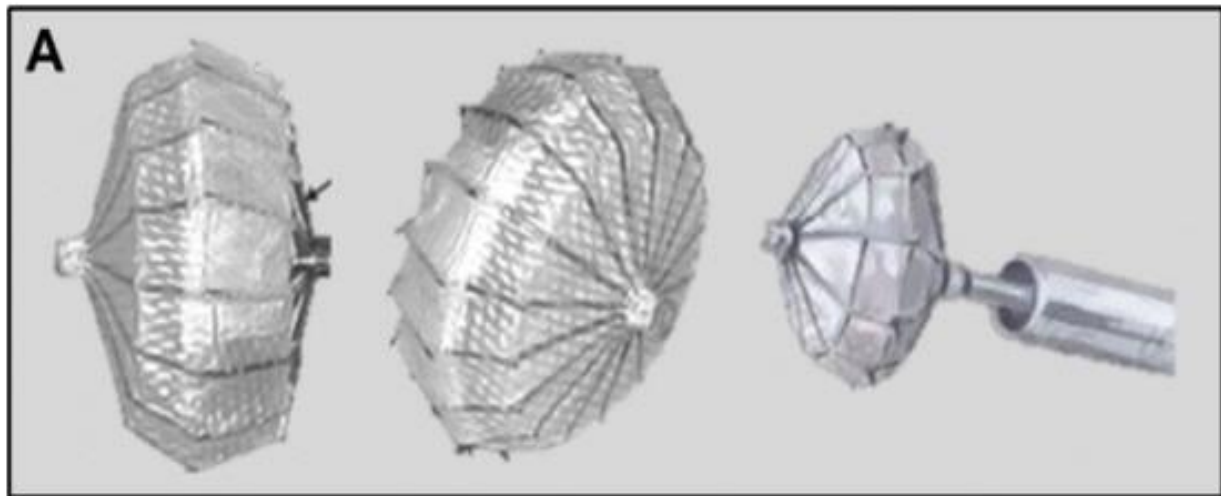
Left atrium



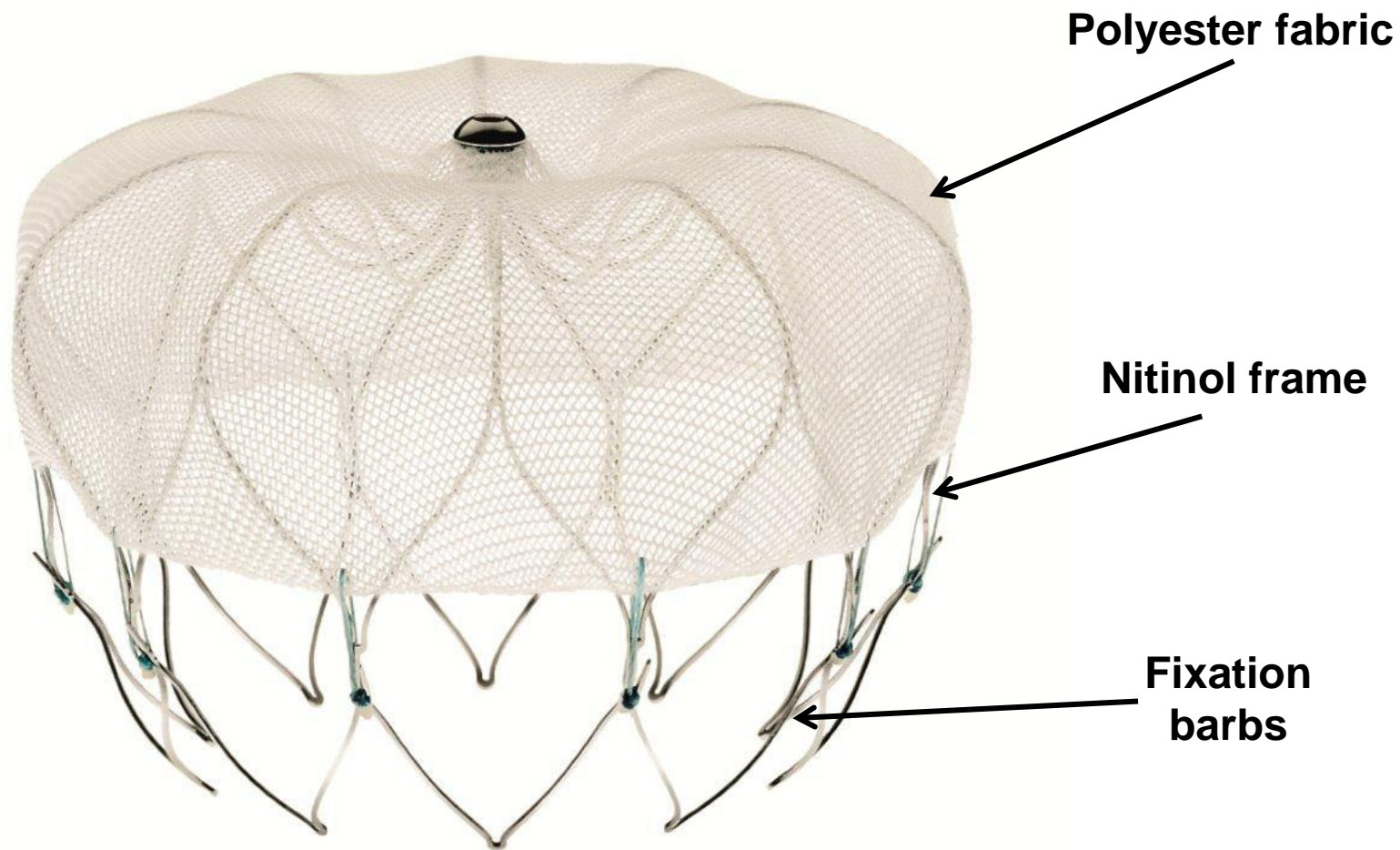
**LAA: source of 90%
of AF-related
thrombi^a**

a. Blackshear JL, et al. *Ann Thorac Surg.* 1996;61:755-759.^[5]
Patrick J. Lynch, medical illustrator; C. Carl Jaffe, MD, cardiologist.
<http://creativecommons.org/licenses/by/2.5/>

The PLAATO
the first
device
developed
for LAA
closure



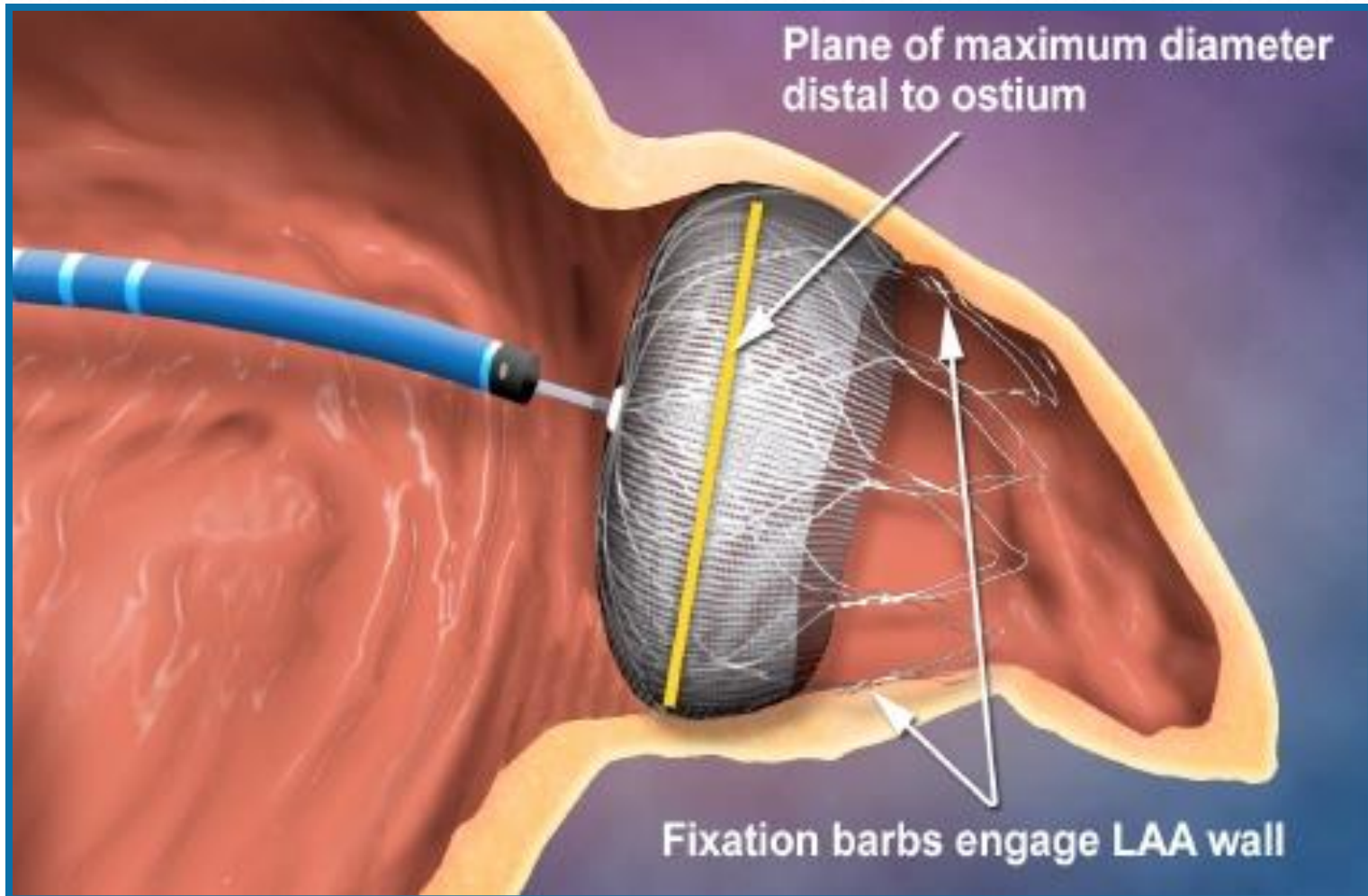
WATCHMAN™ Device



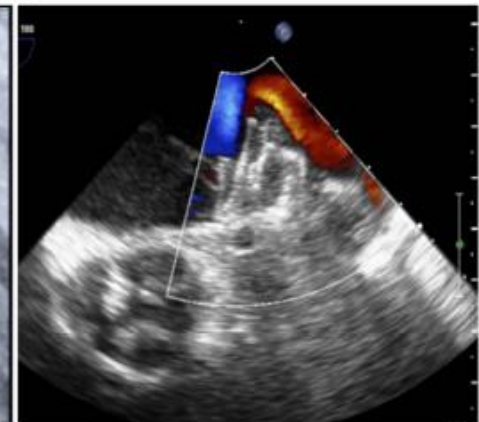
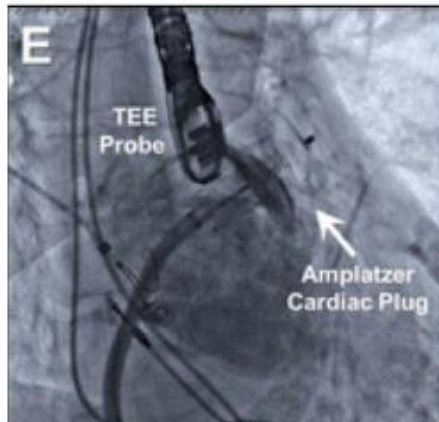
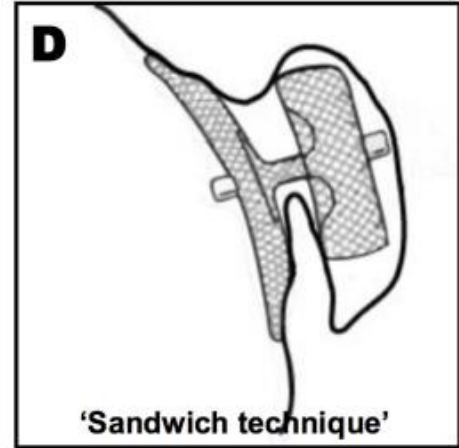
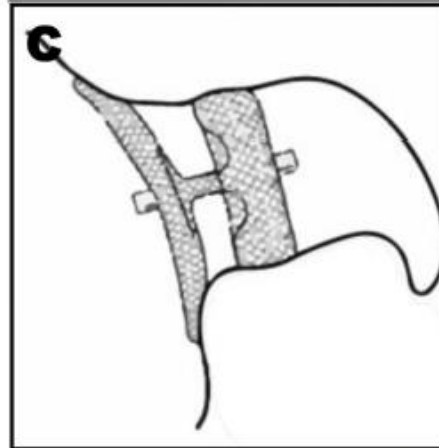
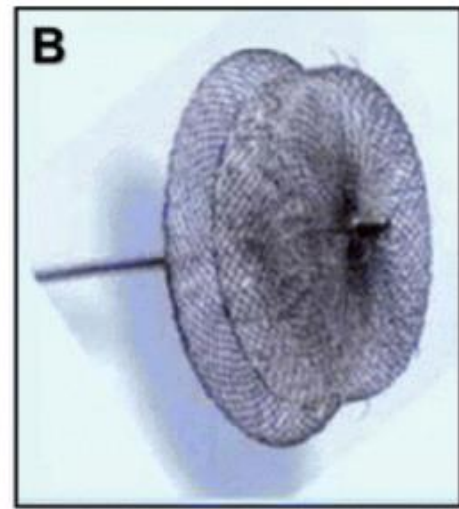
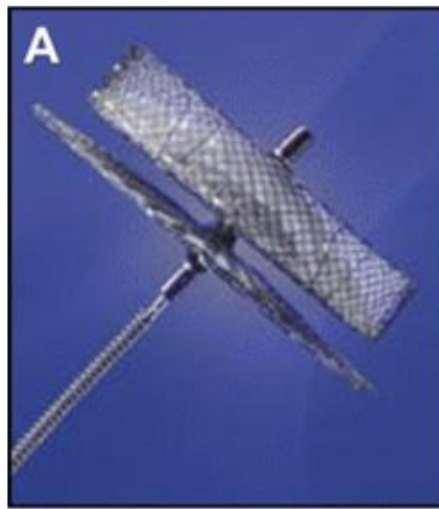
The WATCHMAN LAA closure technology has CE Mark approval and is currently available for investigational use only in the United States.

Image courtesy of Boston Scientific Corp.

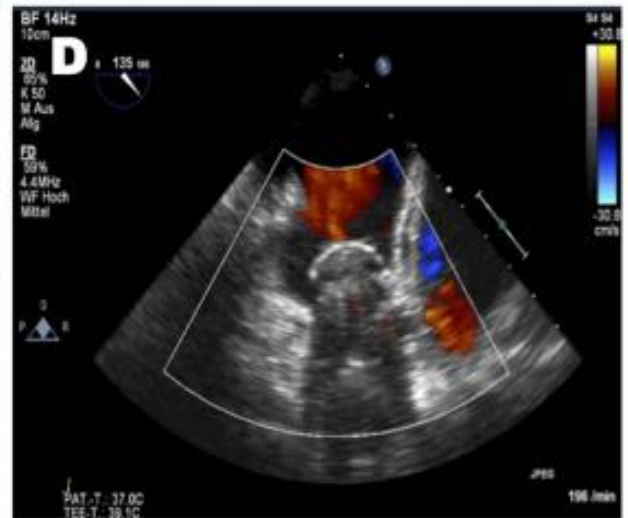
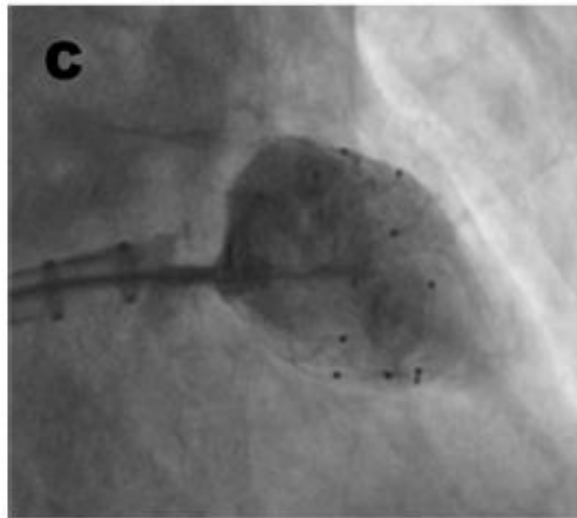
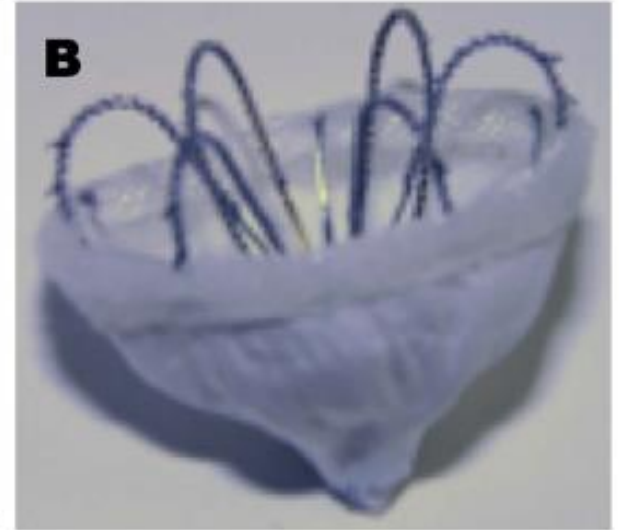
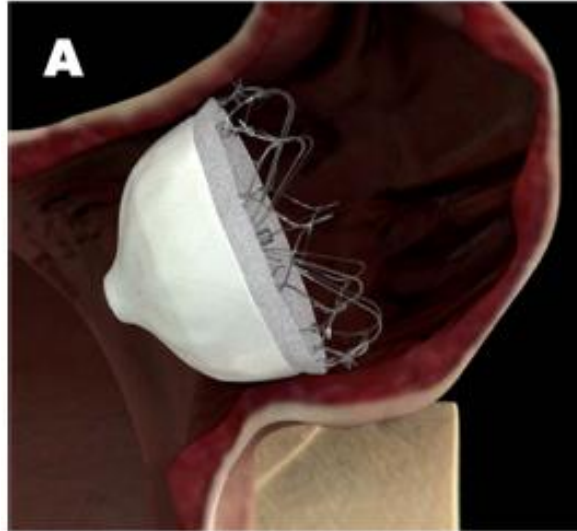
WATCHMAN LAA Closure Device in situ



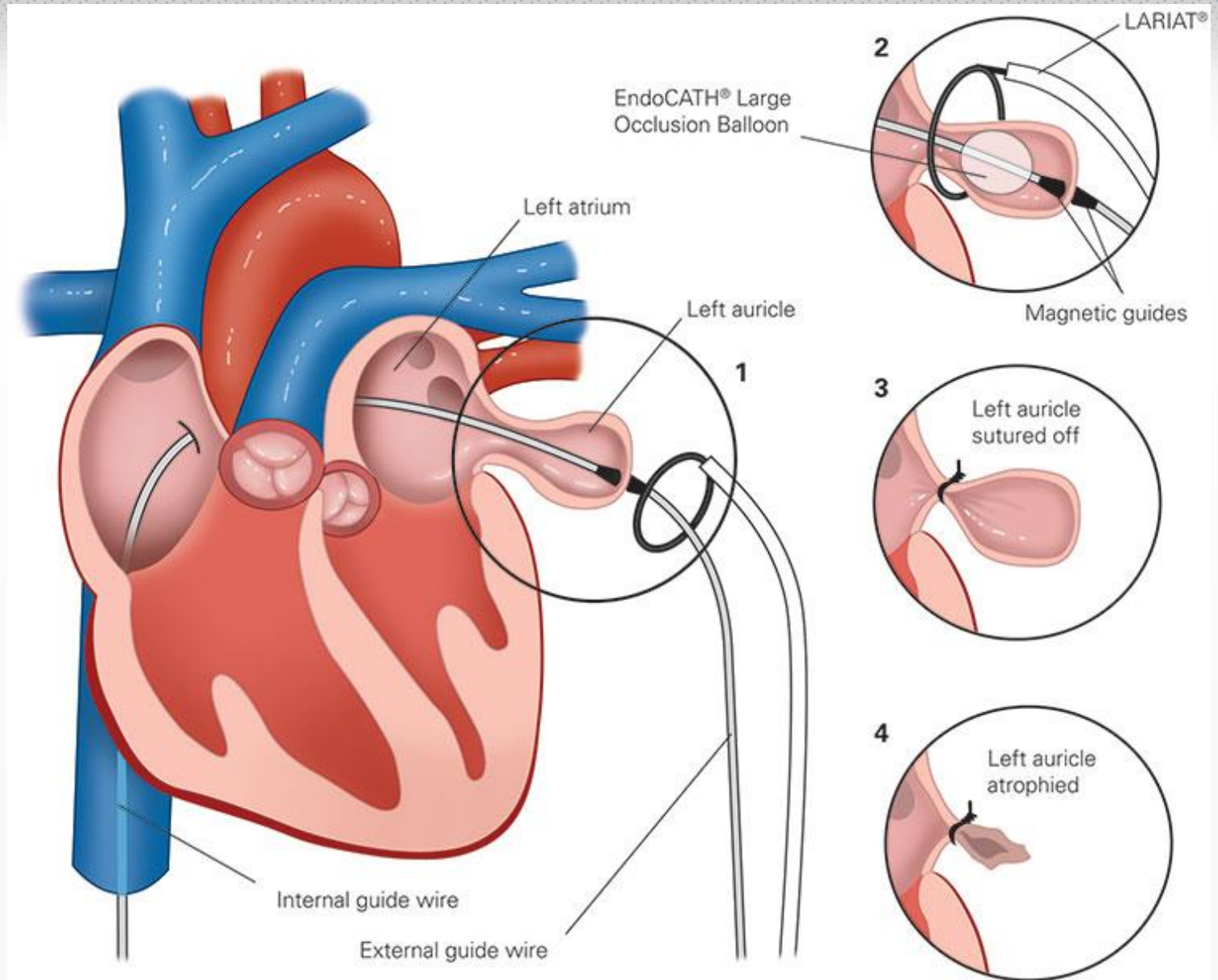
ACP – Amplatzer Cardiac Plug



Coherex WaveCrest Device (Medtronic)



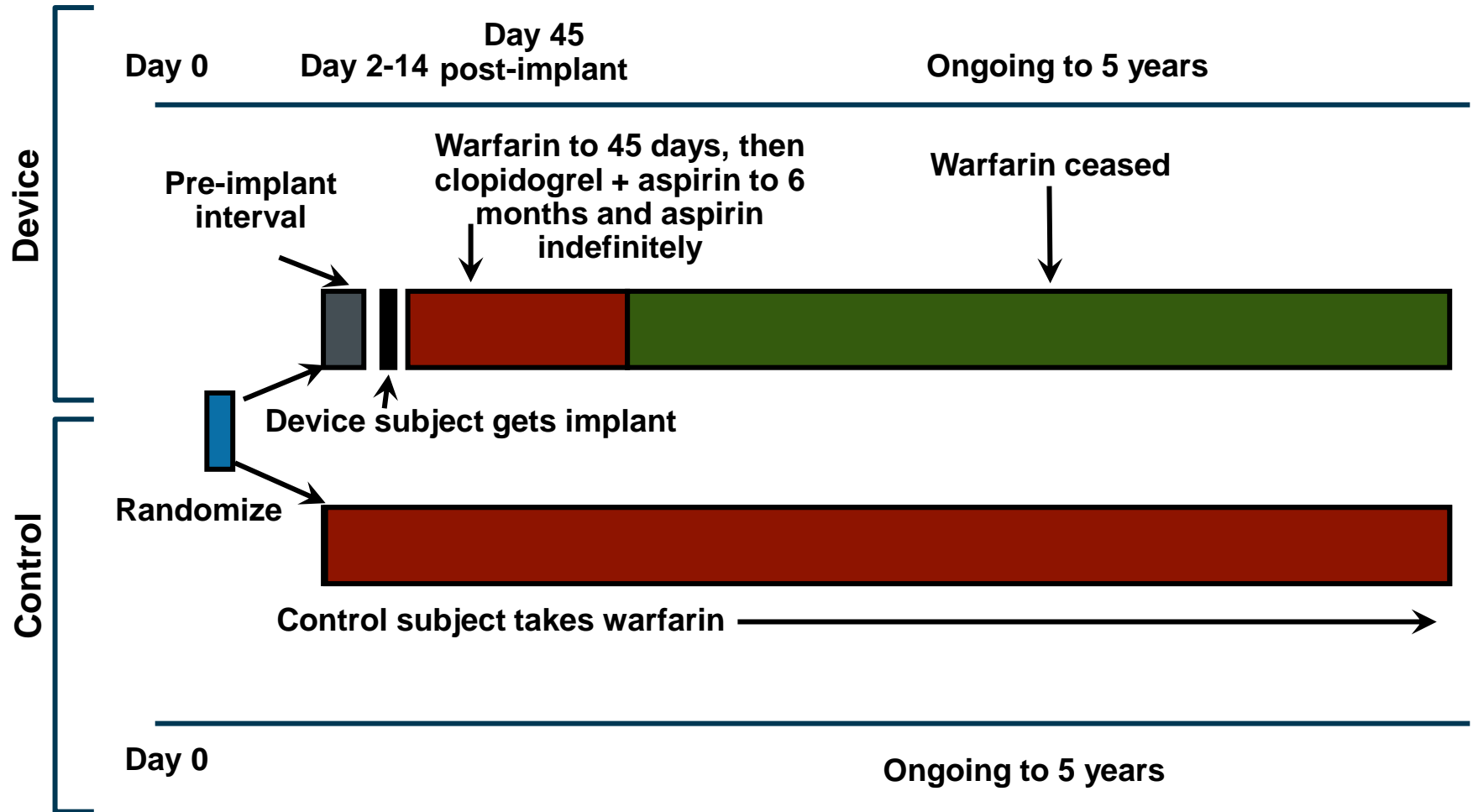
LARIAT – Pericardial LAAC



Complication:

- **Periprocedural complication:**
 - Cardiac perforation – Tamponade
 - Vascular complication – Bleeding
 - Device embolization
 - Trans-septal complication
 - Stroke
 - Bleeding (due to heparinization. DAPT therapy)
- **Late complication:**
 - Incomplete appendage closure – thrombotic nidus - stroke
 - Late pericardial effusion (subacute perforation).

PROTECT AF Design



Key Participation Criteria

- Key Inclusion Criteria

- Age 18 years or older
- Documented non-valvular AF
- Eligible for long-term warfarin therapy, and no other conditions that would require long-term warfarin therapy
- Calculated CHADS2 score > 1

- Key Exclusion Criteria

- NYHA Class IV Congestive Heart Failure
- ASD and/or atrial septal repair or closure device
- Planned ablation procedure within 30 days of potential WATCHMAN Device implant
- Symptomatic carotid disease
- LVEF < 30%
- TEE Criteria: Suspected or known intracardiac thrombus (dense spontaneous echo contract)

Patient Demographics

Baseline Demographics			
Characteristic	WATCHMAN N= 463	Control N= 244	P-value
Age (years)	71.7 ± 8.8 463 (46.0, 95.0)	72.7 ± 9.2 244 (41.0, 95.0)	0.1800
Height (inches)	68.2 ± 4.2 462 (54.0, 82.0)	68.4 ± 4.2 244 (59.0, 78.0)	0.6067
Weight (lbs)	195.3 ± 44.4 463 (85.0, 376.0)	194.6 ± 43.1 244 (105.0, 312.0)	0.8339
Gender			
Female	137/463 (29.6)	73/244 (29.9)	0.9276
Male	326/463 (70.4)	171/244 (70.1)	

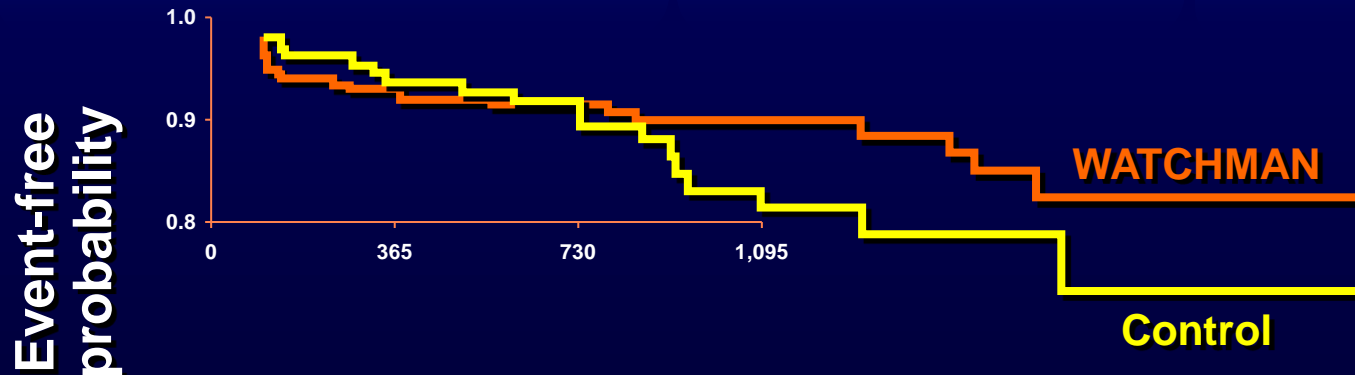
Patient Demographics - 2

Baseline Risk Factors			
	WATCHMAN N= 463	Control N= 244	P-value
CHADS2 Score			
1	158/463 (34.1)	66/244 (27.0)	0.3662
2	157/463 (33.9)	88/244 (36.1)	
3	88/463 (19.0)	51/244 (20.9)	
4	37/463 (8.0)	24/244 (9.8)	
5	19/463 (4.1)	10/244 (4.1)	
6	4/463 (0.9)	5/244 (2.0)	
AF Pattern			
Paroxysmal	200/463 (43.2)	99/244 (40.6)	0.7623
Persistent	97/463 (21.0)	50/244 (20.5)	
Permanent	160/463 (34.6)	93/244 (38.1)	
Unknown	6/463 (1.3)	2/244 (0.8)	
LVEF %	57.3 ± 9.7	56.7 ± 10.1	0.4246
	460 (30.0, 82.0)	239 (30.0, 86.0)	

Intent-to-Treat Primary Efficacy Results

Randomization allocation (2 device : 1 control)

Cohort	Device			Control			Posterior Probabilities		
	Events (no.)	Total pt-yr	Rate (95% CI)	Events (no.)	Total pt-yr	Rate (95% CI)	Rel. Risk (95% CI)	Non-inferiority	Superiority
900 pt-yr	20	582.3	3.4 (2.1, 5.2)	16	318.0	5.0 (2.8, 7.6)	0.68 (0.37, 1.41)	0.998	0.837



ITT Cohort:
patients analyzed based on their randomly assigned group (regardless of treatment received)

Days	
244	147
463	270
52	12
92	22

Intent-to-Treat Primary Safety Results

Randomization allocation (2 device : 1 control)

Device

Control

Cohort	Events (no.)	Total pt-yr	Rate (95% CI)
900 pt-yr	48	554.2	8.7 (6.4, 11.3)

Events (no.)	Total pt-yr	Rate (95% CI)
13	312.0	4.2 (2.2, 6.7)

Rel. Risk (95% CI)
2.08 (1.18, 4.13)



ITT Cohort:
patients analyzed based on their randomly assigned group (regardless of treatment received)

PROTECT AF

2.3-Year Follow-up Safety Results

- Procedure-related events
 - eg, pericardial effusion that required intervention or hospitalization, procedure-related stroke, or device embolization
- Major bleeding
 - eg, intracranial bleeding/GI bleeding that required transfusion

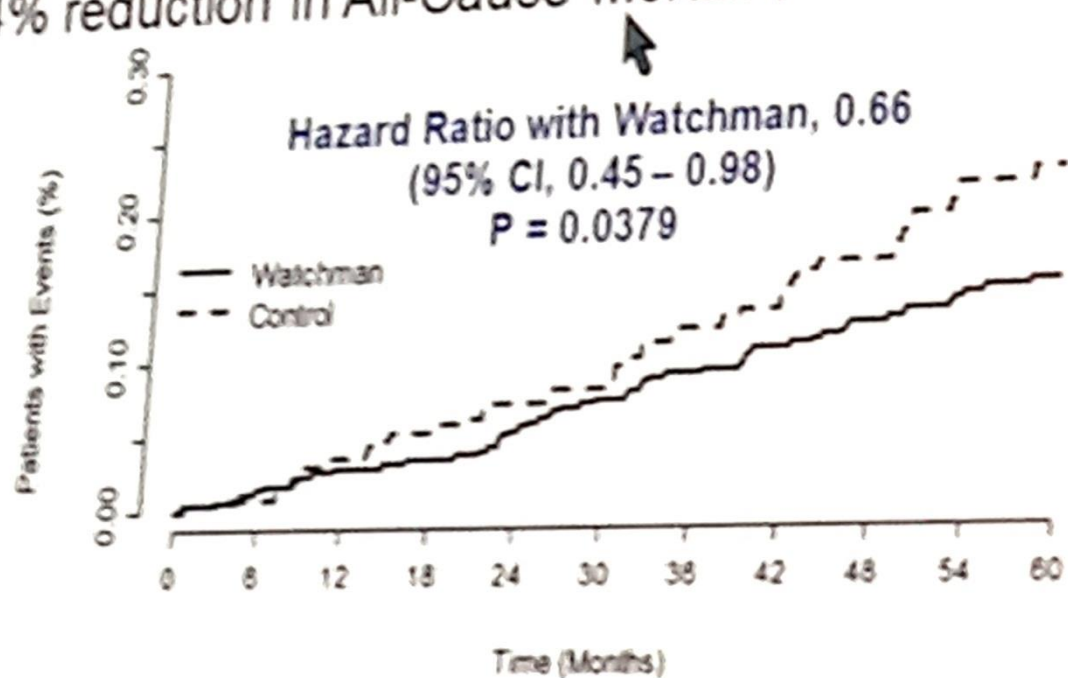
	Safety Events %/Year (95% CI)	RR (95% CI)
WATCHMAN Group	5.5 (4.2-7.1)	
Control	3.6 (2.2-5.3)	1.53 (0.95-2.70)

Conclusions:

- LAA closure is noninferior to OAC
- LAA implicated in the pathogenesis of stroke in AF

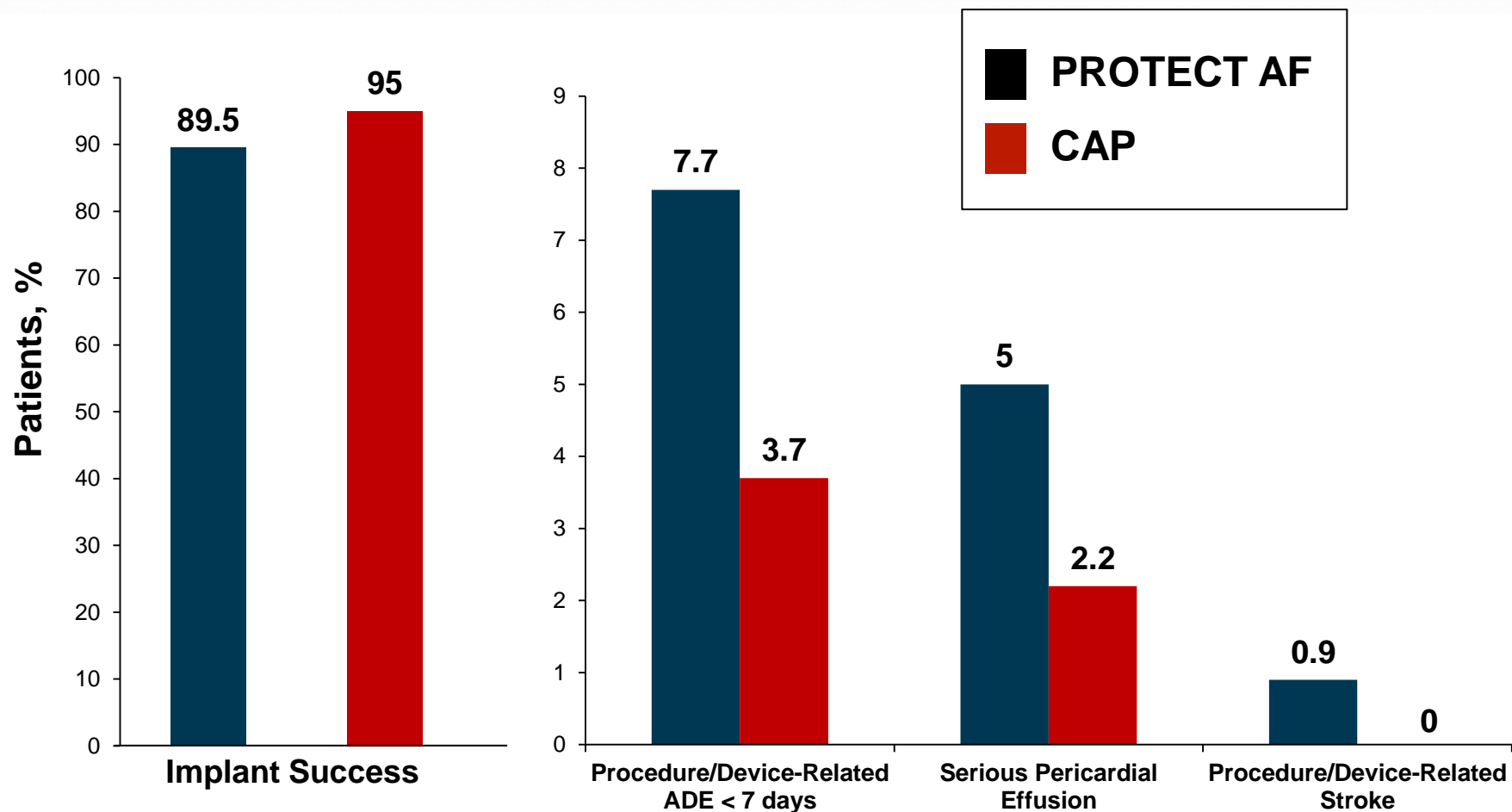
Long term results of Protect AF

- WATCHMAN was superior to Warfarin
 - 40% reduction of stroke / systemic embolism / CV death
 - 60% reduction in Cardiovascular Mortality
 - 34% reduction in All-Cause Mortality



No. at Risk	0	6	12	18	24	30	36	42	48	54	60
Watchman	483	404	389	381	373	360	352	341	330	294	202
Control	244	233	222	218	204	193	177	163	150	125	92

PROTECT AF and CAP



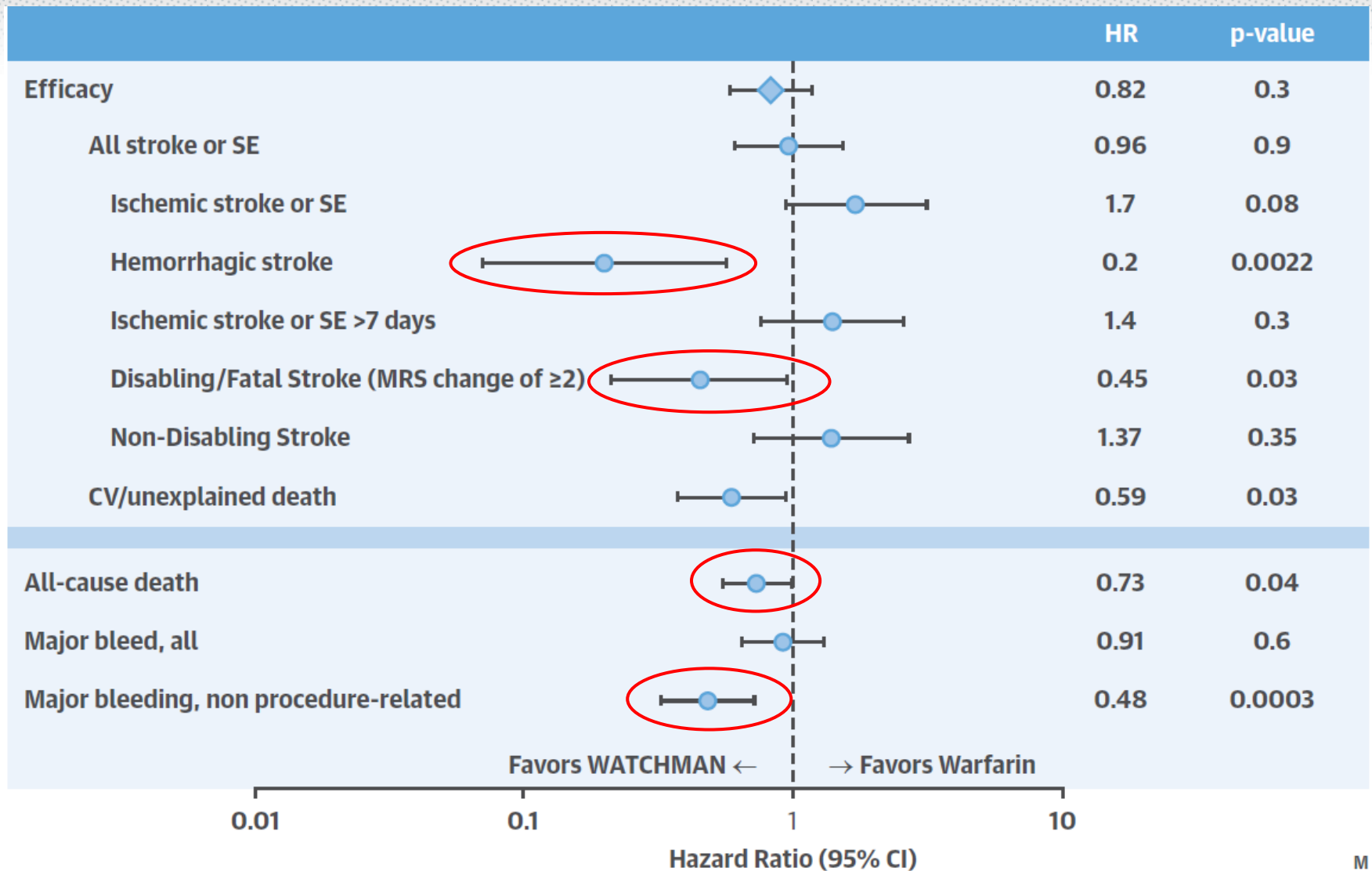
Comparison of LAAC, OAC and NOAC for NonValvular A Fib

Table 1 Comparison of some clinical data from the PROTECT AF versus new oral anticoagulant trials *

	PROTECT AF ⁵⁵ LAA closure	PROTECT AF ⁵⁵ warfarin	Dabigatran ¹⁴ (RELY)	Rivaroxaban ¹⁵ (ROCKET AF)	Apixaban ¹⁶ (ARISTOTLE)
Age, years	71.7	72.7	71.5	73	70
CHADS ₂	2.2	2.3	2.1	3.5	2.1
CHADS ₂ >2 (%)	52.9	57.6	32.7	87	30.2
Major or minor bleeding (%)	–	–	16.4	14.9	18.1
Major bleeding (%)	3.5	4.1	3.1	3.6	2.1
Stroke/systemic embolism (%)	2.3	2.7	1.1	1.7	1.3
Treatment abandoned at >1 year (%)	–	16–34	21	24	–

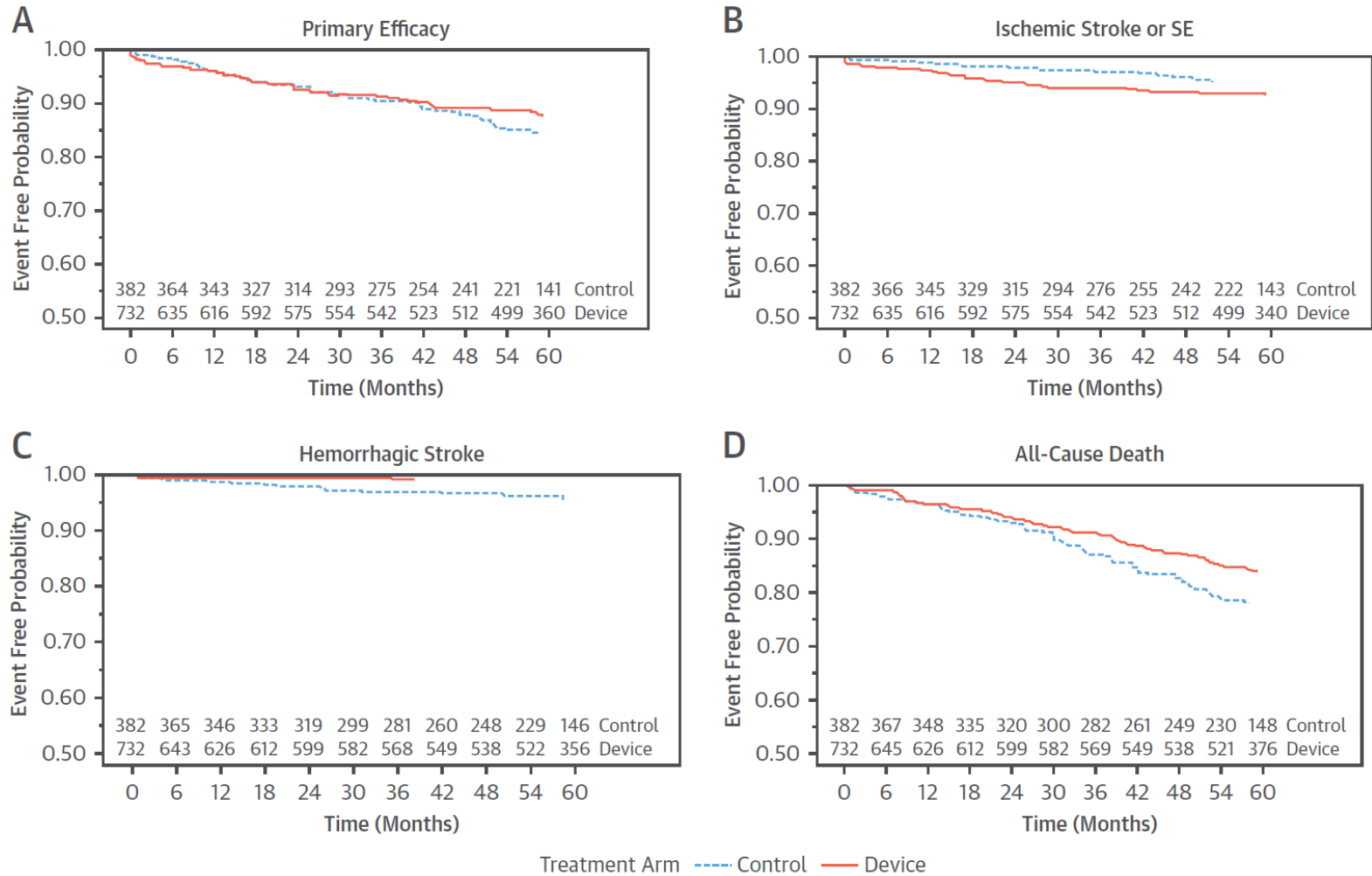
*Adapted from López-Mínguez *et al.*⁷²

Five year FU of Protect AF & Prevail Studies



Five year FU of Protect AF & Prevail Studies

FIGURE 1 PROTECT AF/PREVAIL Combined: Kaplan-Meier Curves of the Major Efficacy Endpoints



Indication for LAAC Device Implantation

- **Patients (pts) at high stroke risk who had suffer a major bleeding.**
- ***Pts with high risk of bleeding on OAC:***
 - Uncontrolled severe hypertension.
 - Coagulopathies.
 - Severe renal or hepatic dysfunction
 - Vascular disease or malformation (amyloid angiopathy etc.).
 - Insufficiently treatable GIT disease with bleeding.
 - Recurrent severe trauma.
- ***Ischemic stroke despite well controlled OAC therapy.***
- ***Contraindication to all OAC therapy.***
- ***Obligatory long term dual antiplatelet therapy.***

Contraindication for Percutaneous LAA Closure

- **Low risk for stroke (CHADS-VAS=0).**
- **Significant mitral stenosis**
- **Indication for long-term OAC therapy.**
- **Contraindication for transseptal catheterization (LA thrombus or tumor, active infection, presence of ASD/PFO closure device).**

התוויות סל הבריאות 2015 לחוסם אוזנית

- חולים הסובלים מפרפור עליות בדרגת סיכון בינוני עד גבוה לשבץ מוחי ($CHADS_2 \geq 2$).
- ושאינם יכולים להיות מטופלים בנוגדי קרישה.
- ושסבלו מאירוע דימום משמעותי:
 - מסכן חיים או מסכן איבר
 - שהתרחש עם או ללא טיפול בנוגדי קרישה המוגדר על פי דירוג BARC בחומרה 3a ומעלה.

BARC 3a:

Overt bleeding Hb drop 3-5 g%

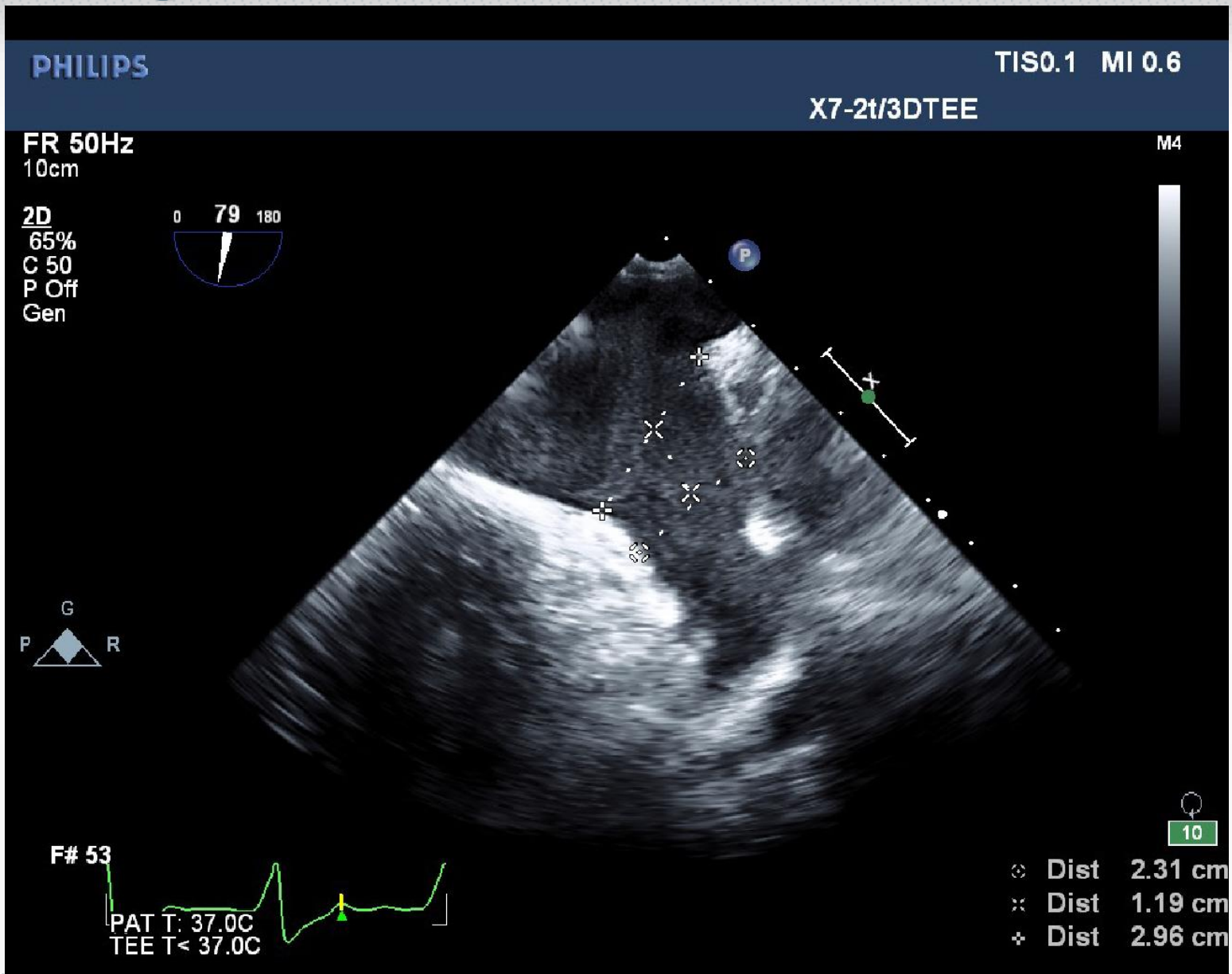
Any transfusion with overt bleeding

BARC 3b-3c דימומים בדרגות חומרה גבוהות יותר – קיפוח המודינמי, טמפונדה, דימום מוחי, דימום עמוד שדרה, דימום עיני הפוגע בראיה, דימום המצריך התערבות ניתוחית

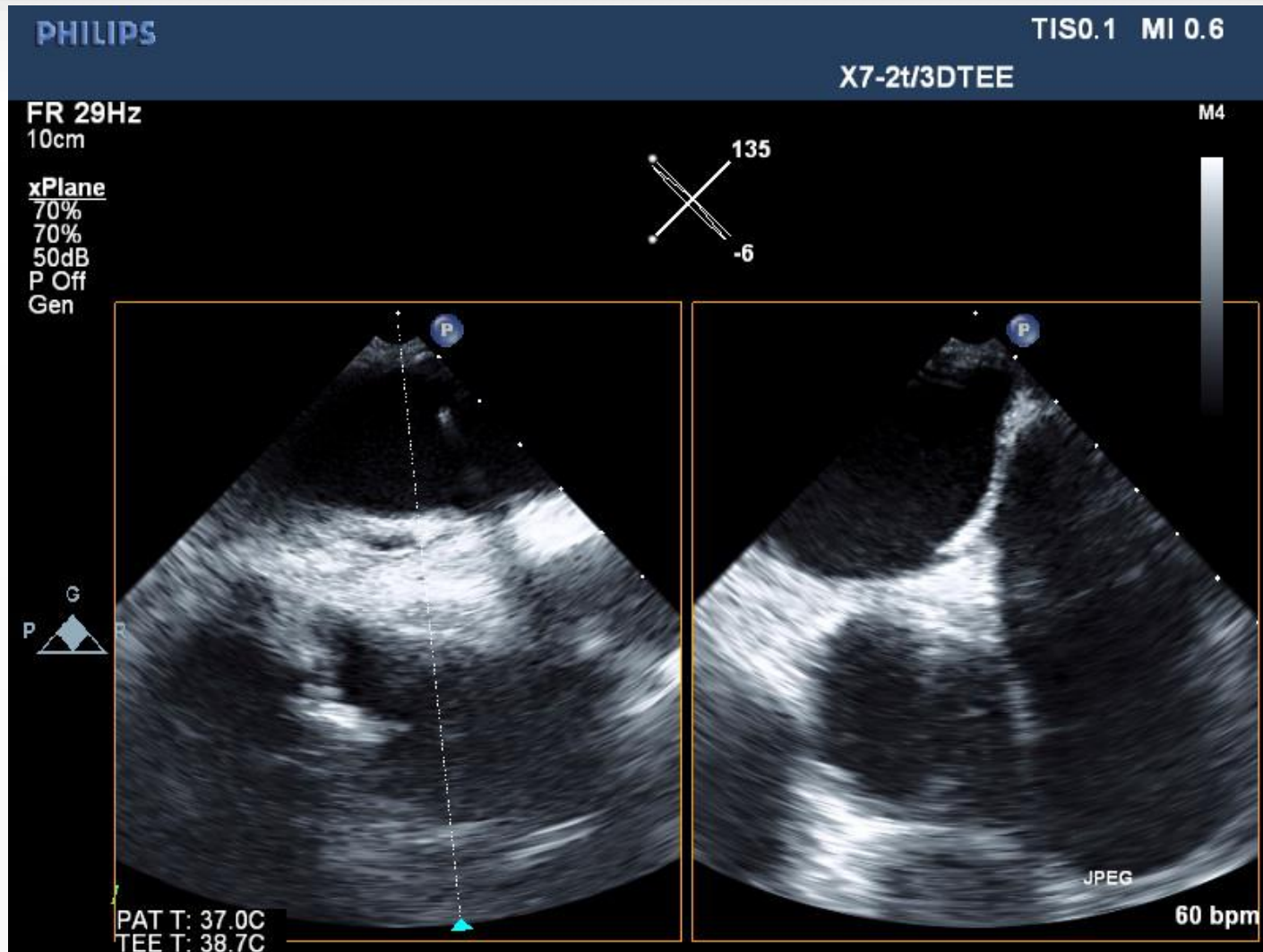
נסיון במרכז רפואי העמק

- 21 פעולות בסדציה ללא מרדים.
- הנחיית אקו TEE (מקרה אחד עם ICE)
- בכל הפעולות ההתקן מוקם בהצלחה.
- ללא אירועים מוחיים וללא טמפונדה.
- מעקב TEE יציבות של התקן ללא דלף וללא קרישים על ההתקן.
- אירוע אחד של השתחררות ההתקן למחרת הפעולה, זוהה בשיקוף שגרתי למחרת הפעולה. החולה הייתה אסימפטומטית
- ההתקן נתקע באזור סוב מיטרלי.
- עקב המיקום לא נעשה ניסיון הוצאת מילעורית (ניסיון של מרכזים אחרים סיכון רב לפגיעה קטלנית במסתם המיטרלי).
- הועברה לניתוח במרכז רפואי שיבא.

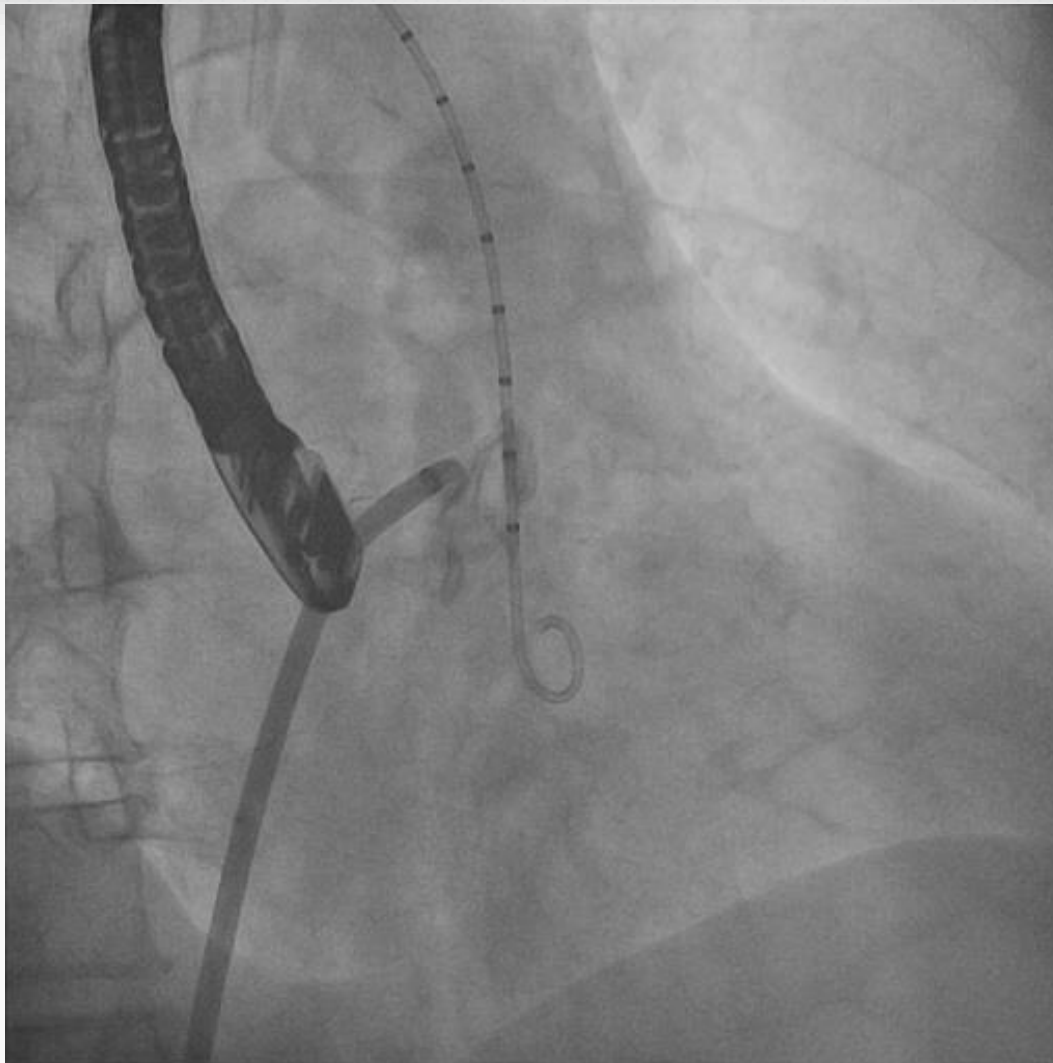
Measurements of LAA outlet and landing zone diameters in TEE



Trans septal puncture – infero-posterior aspect, TEE guided



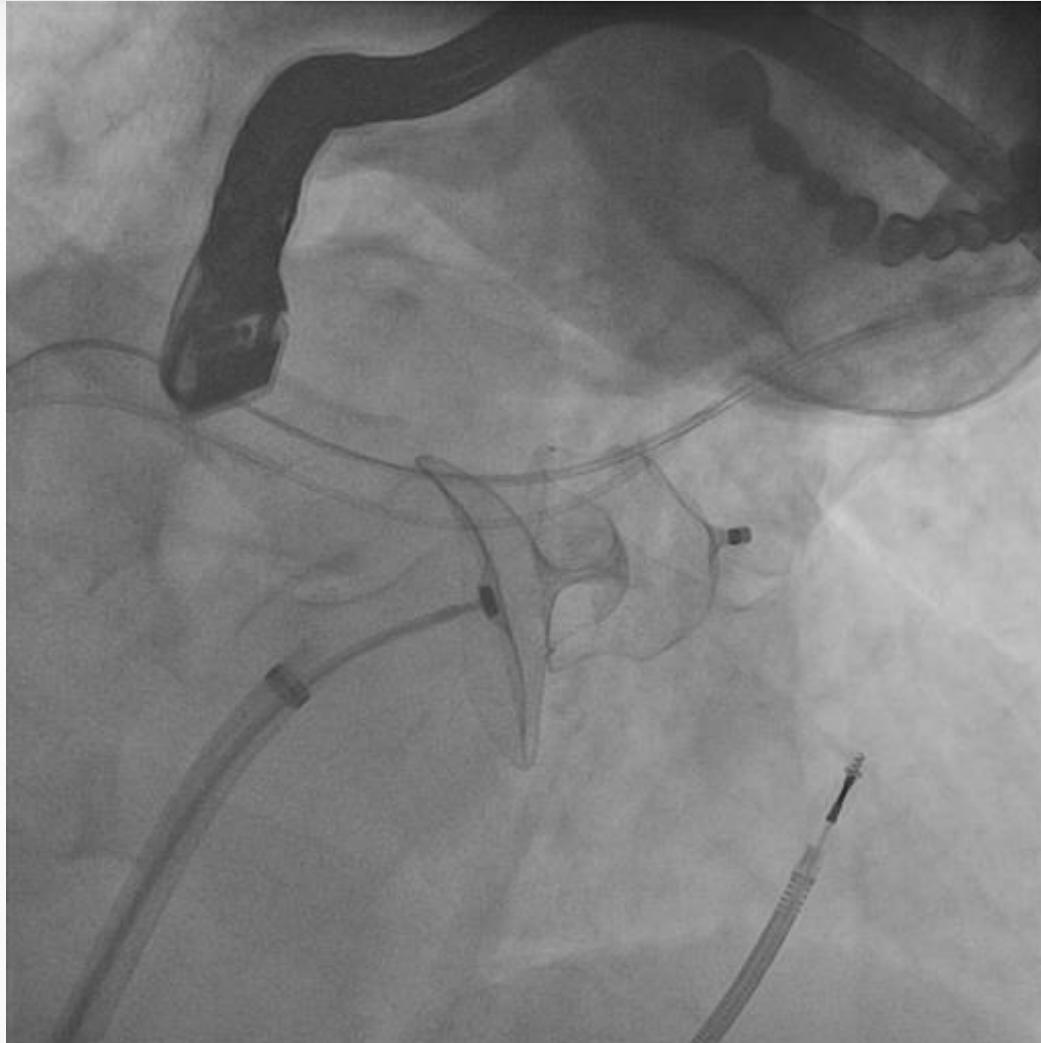
Visualization of LAA from sheath



Release of distal ACP part into LAA body



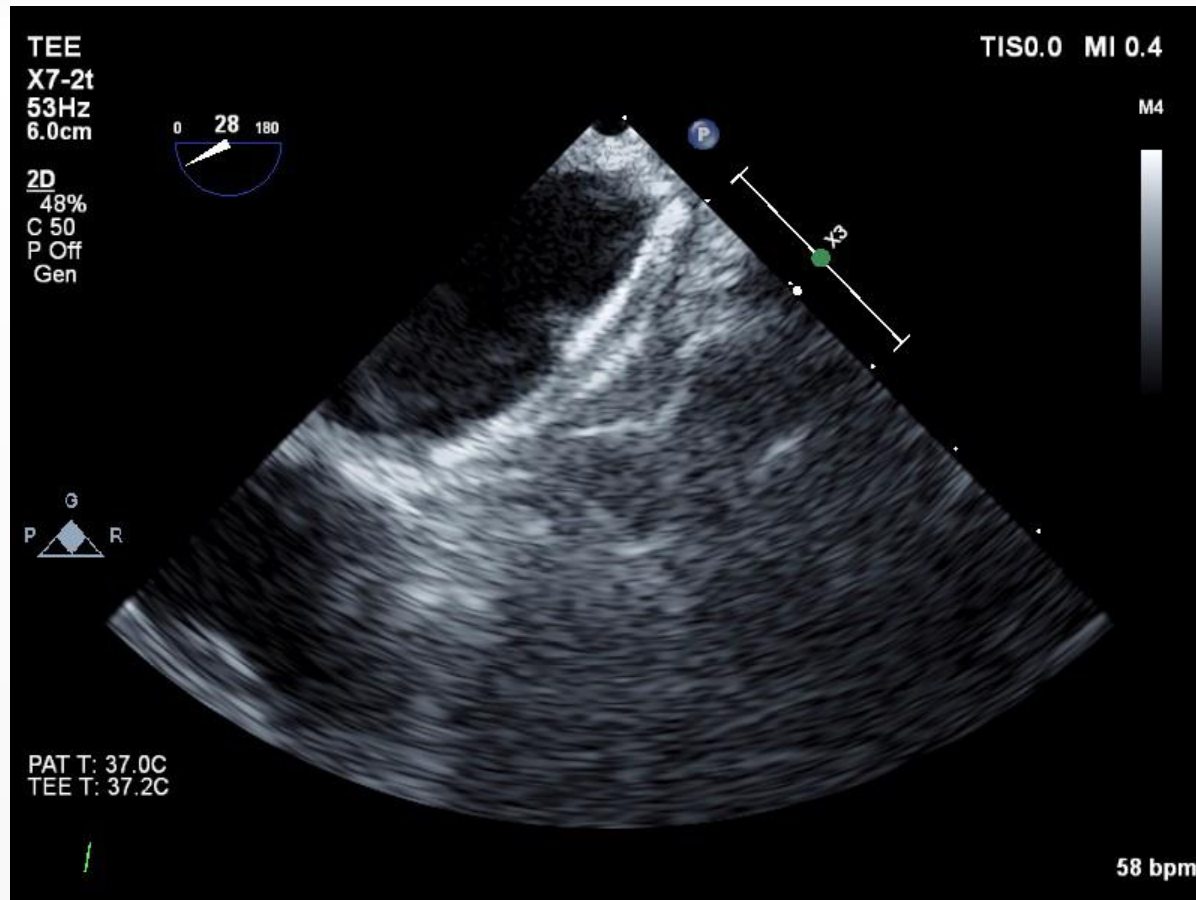
LAA occluded well



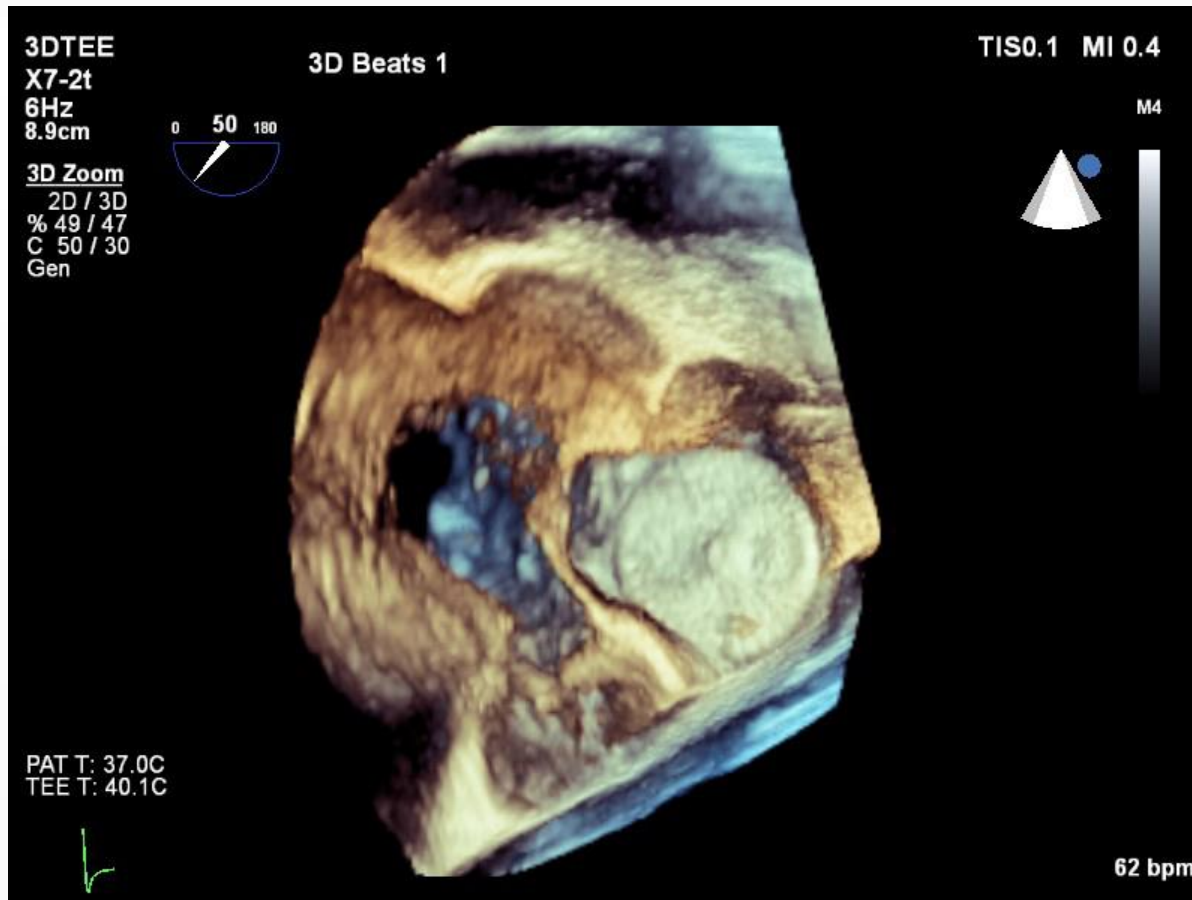
Final result



Final by Echo



Final by echo 3D



מסקנות

- בחולים עם פרפור פרוזדורים ככל שהסיכון לאירוע מוחי גדל כך גם הסיכון לדימום.
- חולים עם פרפור פרוזדורים לא מסתמי בהם יש הוראת נגד לטיפול נוגד קרישה עקב דימום משמעותי שלא ניתן למניעה, יש לשקול החדרת חוסם אוזנית.
- מחקרים שהשוו התקנת חוסם אוזנית מול טיפול בקומדין הראו ירידה משמעותית בתמותה ודימום מוחי במעקב של חמש שנים.
- ניתן לבצע החדרת חוסם אוזנית תחת סדציה ללא רופא מרדים בשיעור סיבוכים נמוך.
- במעקב ארוך טווח חסימת אוזנית מונעת אירועים אמבוליים מהעלייה השמאלית בטיפול באספרין בלבד

Thank you for your attention!

